

## Global Quality of Life Scale

100	Perfect quality of life
95	Nearly perfect quality of life
90	
85	Very good quality of life
80	
75	
70	Good quality of life
65	
60	
55	Moderately good quality of life
50	
45	
40	Somewhat bad quality of life
35	
30	
25	Bad quality of life
20	
15	Very bad quality of life
10	
5	Extremely bad quality of life
0	No quality of life

Write any number between 0 and 100 that describes your quality of life: \_\_\_\_\_